



CHICKEN FENDERS

You are what you eat, and you're more than just a number. That's why we encourage you to get your taste buds off life support, and leap towards what food and life is really meant to be – a damn good time, all of the time.

BurgerFuel has been perfecting the art of the side ever since we decided to match our famously addictive fresh natural aioli with thick cut fries. It's been total mayhem ever since. But why stop there? We thought the world could use a delicious chicken side, that's actually made of chicken inside. Chicken Fenders have more than twice the protein (that's good for U), 85% less total fat, 65% less saturated fat + 95% less carbs than your average chicken nugget. They're also 157% more fenderlicious (at least).

CHICKEN FENDERS INGREDIENTS: Free range chicken seasoned with sea salt, garlic and rosemary.

Average serving size: 180g.

The below nutritional information is based on the average weights of cooked products sourced directly from our stores in order to be as true and accurate as possible.

CHICKEN FENDERS	AVERAGE PER 100G	AVERAGE PER SERVE
ENERGY (KJ)	531kJ	956kJ
CALORIES (CAL)	126.4	227.6
PROTEIN (G)	27.9	50.2
FAT, TOTAL (G)	1.1	1.9
- SATURATED (G)	0.4	0.8
CARBOHYDRATES (G)	1.1	2.0
- SUGARS (G)	0.9	1.5
SODIUM (MG)	210.0	378.0

Allergens: Contains small amounts of soy. Please see our allergens chart for more details if you have serious allergies or intolerances.

*Nutritional information for dips not included in this document – please refer to our Dips information for more details.

