

## KIDS CHEESEBURGER MEAL

KIDS CHEESEBURGER MEAL INGREDIENTS: Mini cheeseburger, spud fries served with BurgerFuel Aioli or tomato sauce and a small juice.

KIDS CHEESEBURGER MEAL SERVED ON A WHOLEMEAL BUN			
AVERAGE SERVING SIZE: 320G	AVERAGE PER 100G	AVERAGE PER SERVE (320G)	
ENERGY (KJ)	1214	3886	
ENERGY (CAL)	291	930	
PROTEIN (G)	14	43	
FAT, TOTAL (G)	17	54	
- SATURATED (G)	5.5	18	
CARBOHYDRATES (G)	21	66	
- SUGARS (G)	1.5	4.9	
SODIUM (MG)	302	966	

KIDS CHEESEBURGER MEAL SERVED ON A GLUTEN FREE BUN			
AVERAGE SERVING SIZE: 410G	AVERAGE PER 100G	AVERAGE PER SERVE (410G)	
ENERGY (KJ)	1211	4966	
ENERGY (CAL)	290	1188	
PROTEIN (G)	13	54	
FAT, TOTAL (G)	14	58	
SATURATED (G)	4.5	19	
CARBOHYDRATES (G)	27	112	
SUGARS (G)	2.1	8.7	
SODIUM (MG)	301	1235	

KIDS CHEESEBURGER MEAL SERVED AS A 'LOW CARBORATOR' (LOWER CARB')			
AVERAGE SERVING SIZE: 368G	AVERAGE PER 100G	AVERAGE PER SERVE (368G)	
ENERGY (KJ)	904	3326	
ENERGY (CAL)	216	796	
PROTEIN (G)	11	39	
FAT, TOTAL (G)	14	52	
- SATURATED (G)	4.7	17	
CARBOHYDRATES (G)	12	43	
- SUGARS (G)	0.8	2.9	
SODIUM (MG)	205	753	

<sup>1 36%</sup> less carbohydrate than the regular Kid's Cheeseburger Meal